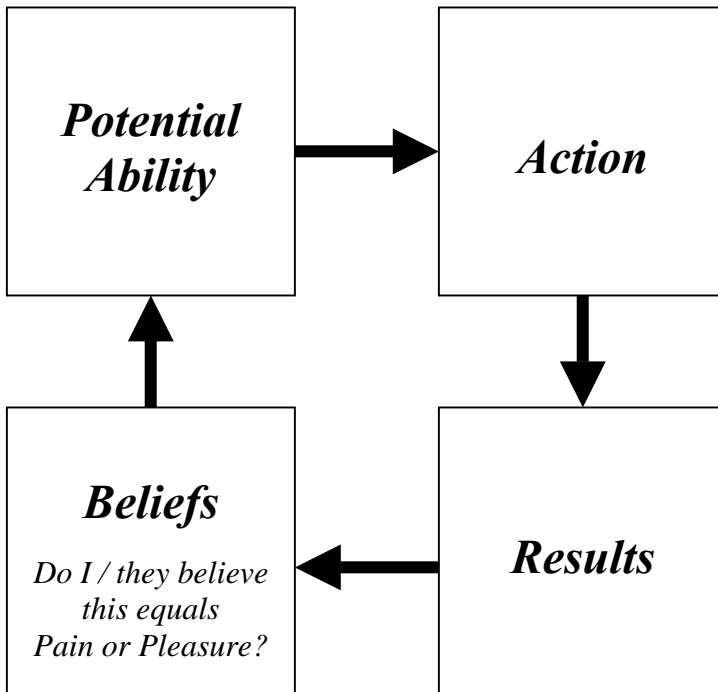


# Modeling “Champion” Behavior

## The Belief Model



## The International Sign of Commitment



Here are a few questions to draw from to manage your focus and consistently forward the progress!

1. What's Important Now?
2. What Is My Specific Outcome For This Now?
3. How Can I Do What I Do, Better and Better?
4. How Can I Do More And More of What I Do?
5. What Would I Have To Believe In Order To Achieve This Result?
6. What Strategies and Skill Sets Have Others Used To Produce This Result?
7. What Am I Actively Avoiding?
8. What's Wanted and Needed?
9. What's Missing That Would Make A Difference Now?
10. What Can I Learn From This?
11. What Specific Help Can I Use?
12. How Good Will I Feel Once It's Done?

## Modeling to Duplicate any Result

### ◆ Belief Systems

What do you believe it takes to achieve this result?

### ◆ Strategies/Skill Sets

What strategies and skills sets do you need to achieve this result?

### ◆ Physiology

How do they use their body and physiology to communicate and achieve this result?